THE SACRED JOURNEY™
Center for Spiritual Studies
Winter 2015-2016 Workshops & Events

Joyce St. Germaine, M.Ed., CHt.

- **Spiritual Counselor and Mentor: Psychic Readings in Person, by Phone, or E-mail**
- **Certified Shamanic Practitioner/Certified Shapeshifting Practitioner: Soul Retrieval, Extraction, Journeying, Energy Healing**
- **Certified Hypnotherapist: Training Seminars, Past Life Regression, Self Empowerment, etc.**
- **Host/Producer: "The Sacred Journey" TV Show**
- **Workshops, Lectures, Events, and Personalized Sessions for Children and Adults**

29 Davis Rd., Burlington, CT 06013 (Driveway is on Duane Lane)
(860) 675-9706 jsgermaine@aol.com
www.TheSacredJourney.biz

FEES: $100 for a one hour Reading or $75 for 45 minutes - in person, via phone or e-mail
$100 for a Soul Retrieval, Extraction, or Shamanic Healing Session
$100 for a Spirit Detachment Session - in person or remote
$100 for a Private Hypnosis or Past Life Regression Session
$100 per hour for Private Parties - Includes readings or group workshops, two hours minimum plus $50 travel fee if held at your home or business.

Consider a private workshop or group readings for your next celebration or party!
Gift certificates available in any denomination.

PAST LIFE REGRESSION **(POSTPONED - Rescheduled Date TBA)**

Learn how the past has a direct effect on the present and can even shape the future. You will gain an understanding of your strengths, fears, relationships, and karmic responsibilities. Learn how past life regression provides insight to those who are committed to personal and spiritual growth. You will be given a clear explanation of hypnosis and safely guided into memories of past lifetimes. Your subconscious mind, also known as your High Self, will choose lifetimes that are important and significant to you in your present life. You will learn a powerful self-hypnosis technique to use on your own for any purpose you desire. $25

Monday, December 14, 6:30 – 8:30 PM **(POSTPONED - Rescheduled Date TBA)**

CHILDREN'S CIRCLE

CHILDREN AND THE SPIRITS OF NATURE: BUILDING RELATIONSHIPS

We are building a circle of compassionate children to learn about the partnership between humans and plants, animals, minerals, and the natural elements as we become aware of the living spirit energy in all

things. Children are natural explorers and they will be safely guided on playful journeys to meet animal partners, tree spirits, fairies, spirit helpers, etc. Art activities will often be included. This group will be led by an award winning art teacher and shamanic practitioner with over 37 years of experience with children. Activities will be age appropriate and adjusted for each child's developmental level. We will learn how easy it is to develop a close relationship with the natural and spiritual worlds. Practical suggestions will be shared so that children can strengthen and build upon these special relationships at home. Some of our children's activities take place around the outdoor fire pit. Weather permitting, please dress to be outside for part of this evening's activities. Healthy snacks will be served. Cost: $15 for first child, $10 for second, $5 for third, more children in same family are free. No charge for parents/grandparents.

Saturday, January 9 at 6:30 PM

SPIRIT DETACHMENT: FREE DEMONSTRATION & INFORMATIONAL SESSION

(Invitation to observe a class at no charge)

Quantum Physics is now substantiating that non-physical entities do exist and can greatly influence our lives. Many mental, emotional, and physical disorders as well as spiritual unrest can be the result of attachments. Indications include depression, anxiety, fatigue, eating disorders, substance dependency, mood swings, and sudden personality or behavioral changes. At times, physical symptoms appear which cannot be explained. The Spirit Detachment Practitioner learns to scan the energy body and is able to differentiate between earth bound attachments, dark entities, past life traumas, energy blockages, and a person's self imposed limiting thoughts. Then safe and appropriate techniques are employed to release these attachments or blockages in a loving, compassionate manner, bringing healing on all levels. These techniques can be used in person or remotely and are also effective in cases of haunted buildings or properties. St Michael, the Archangel, is very instrumental in this work which can bring about extraordinary results, even when all other modalities have failed. This free demonstration precedes the 2016 Spirit Detachment Practitioner Training and is open to therapists, counselors, energy workers, mediums, readers, healers, and anyone wishing to help those in need.

You are invited to observe at no charge for this evening only.
Wednesday, January 6, 6:30 - 8:30 PM
(The actual 2016 training course starts on Wednesday, February 3
and meets on the first Wednesday of every month at $25 per class.)

SOUL MATES: A REUNION

Join us as we discuss this intriguing phenomenon. Is the term applied exclusively to romantic partners or can it include other types of relationships? Can you explain why you immediately "clicked" with someone or felt uncomfortable with someone else when you first met? Perhaps the people in your life who annoy or frustrate you the most are those who love you most deeply. After tonight, you will never view your friends, family members, or lovers the same way. In the spirit of Valentine's Day, we will end with a guided soul mate exercise to connect with our romantic partners. $25

Monday, February 8, 6:30 - 8:30 PM

MONTHLY STUDY GROUPS

PSYCHIC/SPIRITUAL DEVELOPMENT

There is a strong focus on the connection between spiritual growth and psychic development. Various spiritual empowerment and meditation techniques will be practiced as you learn how to develop gifts that can be used to assist others or to increase your own connection to spirit. Reclaim your gifts and live life

more joyfully. These groups are for all levels; beginners who are just starting on their paths as well as experienced mediums and readers who are looking to broaden their gifts and become more confident in their abilities. Pendulums, crystals, various divination cards, numerology, and palmistry will be introduced. Energy healing will be explored and simple, safe soul rescue techniques will be shared. Group and individual practice exercises will accelerate your progress. $25 ($15 for full time students)
Wednesdays, December 9, January 13, February 10, etc., 6:30- 8:30 PM and continuing on the second Wednesday of every month.

SHAMANIC STUDIES

You will develop an understanding of shamanism and become adept at journeying as you work with animal and spirit helpers. We will focus on healing and restoring balance to self, community, and the planet. As we work together to create and utilize community energy, you will learn group and individual healing techniques. Emphasis will be on strengthening spiritual connections and relationships with power animals and spirit helpers. Teachings from various shamanic traditions will be explored and traditional and non-traditional approaches will be introduced. These groups are appropriate for any level of experience. All dedicated and compassionate people who wish to initiate positive change in the world are welcome. Please bring a notebook, eye covering, drum or rattle if you have one, a feather, and a fist sized rock. $25 ($15 for full time students)
Wednesdays, December 16, January 20, February 17, etc., 6:30- 8:30 PM and continuing on the third Wednesday of every month.

CONSIDER A GIFT CERTIFICATE OR A PRIVATE PARTY FOR YOUR NEXT GATHERING OR CELEBRATION.
THEY MAKE GREAT HOLIDAY GIFTS!!!



ALL WORKSHOPS, SEMINARS AND EVENTS ARE HELD AT
29 DAVIS ROAD IN BURLINGTON, CT.
THE DRIVEWAY IS ON DUANE LANE.
PLEASE PARK IN DRIVEWAY OR ON THE STREET AND
PLAN TO ARRIVE NO EARLIER THAN 10 MINUTES BEFORE CLASS.
WALK UNDER DECK TO SLIDING GLASS DOORS.

IF YOU WOULD LIKE TO BE ADDED TO MY EMAIL LIST,
PLEASE SEND REQUEST TO jsgermaine@aol.com.
ALL MAILINGS ARE SENT AS BLIND COPIES TO ENSURE YOUR PRIVACY.