THE SACRED JOURNEY™
Center for Spiritual Studies
Summer 2015 Workshops & Events

Joyce St. Germaine, M.Ed., CHt.

- **Spiritual Counselor and Mentor: Psychic Readings in Person, by Phone, or E-mail**
- **Certified Shamanic Practitioner/Certified Shapeshifting Practitioner: Soul Retrieval, Extraction, Journeying, Energy Healing**
- **Certified Hypnotherapist: Training Seminars, Past Life Regression, Self Empowerment, etc.**
- **Host/Producer: "The Sacred Journey" TV Show**
- **Workshops, Lectures, Events, and Personalized Sessions for Children and Adults**

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FEES: $100 for a one hour Reading or $75 for 45 minutes - in person, via phone or e-mail
$100 for a Soul Retrieval, Extraction, or Shamanic Healing Session
$100 for a Spirit Detachment Session - in person or remote
$100 for a Private Hypnosis or Past Life Regression Session
$100 per hour for Private Parties - Includes readings or group workshops, two hours minimum plus $50 travel fee if held at your home or business.

Consider a private workshop or group readings for your next celebration or party!
Gift certificates available in any denomination.

Please note that I will be doing a lot of traveling this summer.
As a result, I will be holding fewer workshop and events.
Parts of my travel schedule are not yet complete so this list will be updated.
Find out about all updates, changes, or additions via my group email list.
To be included, kindly E-mail me at jsgermaine@aol.com. Thanks!

CHILDREN'S CIRCLE

CHILDREN AND THE SPIRITS OF NATURE: BUILDING RELATIONSHIPS

This highly interactive workshop is the foundation for a children's group which will meet once per season to celebrate the wonderful, magical energies and changes in nature. (Single time attendees are also welcome.) We are building a circle of compassionate children to learn about the partnership between humans and plants, animals, minerals, and the natural elements as we become aware of the living spirit energy in all things. Children are natural explorers and they will be safely guided on playful journeys to meet animal partners, tree spirits, fairies, spirit helpers, etc. Art activities will often be included. This group will be led by an award winning art teacher and shamanic practitioner with over 37 years of experience with children. Activities will be age appropriate and adjusted for each child's developmental level. We will learn how easy it is to develop a close relationship with the natural and spiritual worlds. Practical suggestions will be shared so that children can strengthen and build upon these special relationships at home. Healthy snacks will be provided.

Our Children's Circle is blossoming and undergoing some wonderful transformations! As a result, I am offering a Native American story telling evening around the outdoor fire pit. Gary Pontelandolfo, our beloved drum circle facilitator, will be joining us to add rhythmic sounds effects. This will be one of Gary's first drumming events since his car accident and surgeries and we are excited to welcome him back! He will be sharing his percussion skills and teaching basic drumming and other joyful noisemaking. Healthy snacks will be served.

This fun EVENING Children's Circle will be held on Saturday, June 6 at 7 PM.
Please dress to be outside; rain will bring the circle indoors.

Cost: $15 for first child, $10 for second, $5 for third (maximum of $30 per family...fees happily waived if needed) No charge for parents/grandparents.
PLEASE let me know if your family will be attending and how many I should expect.

WOMEN'S HEALING CIRCLE

Women are known worldwide as natural nurturers and healers. They possess an innate ability to connect with others on a deeply compassionate level. When joined in a supportive circle, the results of their loving intentions are greatly magnified. Women of all backgrounds and experiences are welcome. Various hands on and remote techniques will be demonstrated. There will be opportunities for self healing as well as for performing selfless service to others. Attention will be given to life changes and experiences that are unique to women. If you are seeking a group of likeminded, compassionate women, join us to sit, chat, share, experience the power of ceremony while building a feminine healing circle. Together, we can make a difference to people, animals, the earth, the cosmos, and all living things. This newly formed group will meet every other month; newcomers are always welcome.
Please note this new reduced fee! $10 per session, all proceeds will be donated to local charities.
No summer dates set yet. Please email for updates.

DRUM CIRCLES

He's baaaaaaaaaaaack! Our beloved Drum Circle Facilitator, Gary Pontelandolfo, has recovered from his auto accident and surgeries. We are thrilled that he will be starting Drum Circles again. We will drum around the fire pit; rain will move the circle indoors. Bring your drums, rattles, tambourines, or other instruments. There will be many available for sharing. Donations gratefully accepted.
No summer dates set yet. Please email for updates.

MONTHLY STUDY GROUPS

PSYCHIC/SPIRITUAL DEVELOPMENT, INTRODUCTORY AND CONTINUING

There is a strong focus on the connection between spiritual growth and psychic development. Various spiritual empowerment and meditation techniques will be practiced as you learn how to develop gifts that can be used to assist others or to increase your own connection to spirit. Reclaim your gifts and live life more joyfully. These groups are for all levels; beginners who are just starting on their paths as well as experienced mediums and readers who are looking to broaden their gifts and become more confident in their abilities. Pendulums, crystals, various divination cards, numerology, and palmistry will be introduced. Energy healing will be explored and simple, safe soul rescue techniques will be shared. Group and individual practice exercises will accelerate your progress. $25 ($15 for full time students)

Wednesdays, June 10, July 8, August 15, etc.,
(No Introductory students on August 12; continuing students only),
and continuing on the second Wednesday of every month for all levels.

<u>SHAMANIC STUDIES, INTRODUCTORY AND CONTINUING</u>

You will develop an understanding of shamanism and become adept at journeying as you work with animal and spirit helpers. We will focus on healing and restoring balance to self, community, and the planet. As we work together to create and utilize community energy, you will learn group and individual healing techniques. Emphasis will be on strengthening spiritual connections and relationships with power animals and spirit helpers. Teachings from various shamanic traditions will be explored and traditional and non-traditional approaches will be introduced. These groups are appropriate for any level of experience. All dedicated and compassionate people who wish to initiate positive change in the world are welcome. Please bring a notebook, eye covering, drum or rattle if you have one, a feather, and a fist sized rock. $25 ($15 for full time students)

(No introductory students on June 17; continuing students only),
July 15, August 19, etc., and continuing on the third Wednesday of every month for all levels.

CONSIDER A GIFT CERTIFICATE!
THEY MAKE GREAT MOTHER'S DAY, FATHER'S DAY, OR GRADUATION GIFTS!!!

BOOK A PRIVATE PARTY OR WORKSHOP FOR YOUR NEXT GATHERING OR CELEBRATION.



ALL WORKSHOPS, SEMINARS AND EVENTS, UNLESS OTHERWISE NOTED, ARE HELD AT
29 DAVIS ROAD IN BURLINGTON, CT.
<u>THE DRIVEWAY IS ON DUANE LANE</u>.
PLEASE PARK IN DRIVEWAY OR ON THE STREET AND
PLAN TO ARRIVE NO EARLIER THAN <u>10 MINUTES</u> BEFORE CLASS.
WALK UNDER DECK TO SLIDING GLASS DOORS.

IF YOU WOULD LIKE TO BE ADDED TO MY EMAIL LIST,
PLEASE SEND REQUEST TO jsgermaine@aol.com.
ALL MAILINGS ARE SENT AS BLIND COPIES TO ENSURE YOUR PRIVACY.