THE SACRED JOURNEY™
Center for Spiritual Studies
Autumn 2015 Workshops & Events



Joyce St. Germaine, M.Ed., CHt.

- **Spiritual Counselor and Mentor: Psychic Readings in Person, by Phone, or E-mail**
- **Certified Shamanic Practitioner/Certified Shapeshifting Practitioner: Soul Retrieval, Extraction, Journeying, Energy Healing**
- **Certified Hypnotherapist: Past Life Regression, Self Empowerment, Individual or Group**
- **Host/Producer: "The Sacred Journey" TV Show**
- **Workshops, Lectures, Events, and Personalized Sessions for Children and Adults**
- **Retreat or Cruise Facilitator: Shamanism, Psychic/Spiritual Development, etc.**

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www.TheSacredJourney.biz

FEES: Readings: $100 for 60 minutes, $75 for 45 minutes, $50 for 30 minutes
Readings available in person, via phone or e-mail
$100 for Soul Retrieval, Extraction, or Shamanic Healing Session
$100 for Spirit Detachment Session - in person or remote
$100 for Private Hypnosis or Past Life Regression Session
$100 per hour for Private Parties - Includes readings or group workshops,
(two hours minimum plus $50 travel fee if held at your home or business)

Consider a private workshop or group readings for your next celebration or party!
Gift certificates available in any denomination.

DRUM CIRCLE

Join us for one of these fun and free-spirited gatherings! Bring your drums, rattles, kazoos, anything and everything. There will also be instruments for sharing. Explore some simple rhythms and techniques or just go wild with your own personal expression. No fee; donations gratefully accepted.
We will drum around the fire pit; rain will move the circle indoors.
In memory of the events of 9/11/2001, tonight's drum circle will include an opening meditation and prayer for peace. We will drum and hold our circle of peace and love for 102 minutes.
Friday, September 11, 6:30 - 8:12 PM.



CHILDREN'S CIRCLE



CHILDREN AND THE SPIRITS OF NATURE: BUILDING RELATIONSHIPS

This highly interactive workshop is the foundation for a children's group which will meet once per season to celebrate the wonderful, magical energies and changes in nature. (Single time attendees are also welcome.) We are building a circle of compassionate children to learn about the partnership between humans and plants, animals, minerals, and the natural elements as we become aware of the living spirit energy in all things. Children are natural explorers and they will be safely guided on playful journeys to meet animal partners, tree spirits, fairies, spirit helpers, etc. Art activities will often be included. This group will be led by an award winning art teacher and shamanic practitioner with over 37 years of experience with children. Activities will be age appropriate and adjusted for each child's developmental level. We will learn how easy it is to develop a close relationship with the natural and spiritual worlds. Practical suggestions will be shared so that children can strengthen and build upon these special relationships at home. Some of our children's activities take place around the outdoor fire pit or waterfall. Healthy snacks will be provided.
Cost: $15 for first child, $10 for second, $5 for third, more children in same family are free...
(Fees happily waived if needed...just ask) No charge for parents/grandparents.
Suggested for ages 4 - 14; please use your judgment as to your individual child's readiness.

Join us on playful, imaginative journeys to meet members of the animal kingdom, real and mythical, who will share their unique wisdom with us. Tonight, we might even meet an eagle, dolphin, wolf, owl, unicorn, or dragon!
Please dress to be outside around the fire pit; rain will bring the circle indoors.
Saturday, September 19, 7 PM.

THE LEAVES ARE FALLING AND THE SPIRITS ARE CALLING!
SPIRIT PHOTOGRAPHY CEMETERY TRIP

The leaves are falling and the spirits are calling. This is the time when the veil between the physical and spiritual realms is the thinnest. We'll explore the myths and realities surrounding ghosts, hauntings, earth-bounds, demons, dark entities, and spirit possession. Tonight your curiosity of the unknown will become an understanding and respect for the balance between darkness and light. Under the guidance and protection of St. Michael the Archangel, we will learn how approaching each situation with love and light provides the safest and most powerful resolution. In what is now becoming an annual event, we will respectfully explore local historic cemeteries in an attempt to capture spirit activity on film. Please bring your still or video equipment (remember extra batteries and your AC adapter). Wear warm clothing and appropriate footwear. We will carpool to the cemetery, then return to The Sacred Journey to view and share our results. $25
Friday, October 23, 6:00 – 9:00 PM (Rain Date: Saturday, October 24)

PAST LIFE REGRESSION

Learn how the past has a direct effect on the present and can even shape the future. You will gain an understanding of your strengths, fears, relationships, and karmic responsibilities. Learn how past life regression provides insight to those who are committed to personal and spiritual growth. You will be given a clear explanation of hypnosis and safely guided into memories of past lifetimes. Your subconscious mind, also known as your High Self, will choose lifetimes that are important and significant to you in your present life. You will learn a powerful self-hypnosis technique to use on your own for any purpose you desire. $25
Please bring a light blanket.
Wednesday, October 28, 6:30 – 8:30 PM

YOUR SPIRIT GUIDE CONNECTION & GROUP READINGS

You are surrounded by a team of caring and loving beings who have committed to assist you on your spiritual path. Find out who they are and hear what they would like to share with you. Learn to become more aware of their presence and open to their continuous guidance. Each participant will receive messages from one or more of their guides in a mini-reading.

Class limited to 8 people. This class fills up fast, so please register early! $25

Monday, November 30, 6:30 – 8:30 PM

MONTHLY STUDY GROUPS

PSYCHIC/SPIRITUAL DEVELOPMENT, INTRODUCTORY AND CONTINUING

There is a strong focus on the connection between spiritual growth and psychic development. Various spiritual empowerment and meditation techniques will be practiced as you learn how to develop gifts that can be used to assist others or to increase your own connection to spirit. Reclaim your gifts and live life more joyfully. These groups are for all levels; beginners who are just starting on their paths as well as experienced mediums and readers who are looking to broaden their gifts and become more confident in their abilities. Pendulums, crystals, various divination cards, numerology, and palmistry will be introduced. Energy healing will be explored and simple, safe soul rescue techniques will be shared. Group and individual practice exercises will accelerate your progress. $25

($15 for full time students)

Wednesdays, September 9, October 14, November 11, etc.
and continuing on the second Wednesday of every month for all levels.

SHAMANIC STUDIES, INTRODUCTORY AND CONTINUING

You will develop an understanding of shamanism and become adept at journeying as you work with animal and spirit helpers. We will focus on healing and restoring balance to self, community, and the planet. As we work together to create and utilize community energy, you will learn group and individual healing techniques. Emphasis will be on strengthening spiritual connections and relationships with power animals and spirit helpers. Teachings from various shamanic traditions will be explored and traditional and non-traditional approaches will be introduced. These groups are appropriate for any level of experience. All dedicated and compassionate people who wish to initiate positive change in the world are welcome. Please bring a notebook, eye covering, drum or rattle if you have one, a feather, and a fist sized rock. $25

($15 for full time students)

Wednesdays, September 16, October 21, November 18, etc.,
and continuing on the third Wednesday of every month for all levels.

CONSIDER A GIFT CERTIFICATE!

BOOK A PRIVATE PARTY OR WORKSHOP FOR YOUR NEXT GATHERING OR CELEBRATION.

SPECIAL ARRANGEMENTS FOR FUNDRAISERS OR NON-PROFIT GROUPS



ALL WORKSHOPS, SEMINARS AND EVENTS, UNLESS OTHERWISE NOTED, ARE HELD AT 29 DAVIS ROAD IN BURLINGTON, CT.
THE DRIVEWAY IS ON DUANE LANE.

PLEASE PARK IN DRIVEWAY OR ON STREET AND
PLAN TO ARRIVE NO EARLIER THAN 10 MINUTES BEFORE CLASS.
WALK UNDER DECK TO SLIDING GLASS DOORS.

IF YOU WOULD LIKE TO BE ADDED TO MY EMAIL LIST,
PLEASE SEND REQUEST TO jsgermaine@aol.com.
ALL MAILINGS ARE SENT SO AS TO ENSURE YOUR PRIVACY.